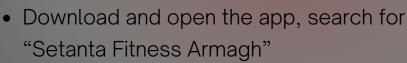


HOW TO BOOK A SESSION WITH A COACH VIA THE APP

DOWNLOAD THE MEMBER APP

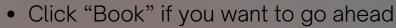




 Existing members log in requesting new password (if forgotten). New members register

HOW DO I BOOK A COACH?

- Tap the "Timetable" button at the bottom of the screen
- Select "PT | S&C | PHYSIO" picture
- Choose a date and select session time for more details including price



 Note - appointments can only be booked if it is at least 24 hours before the start of the appointment



HOW MUCH DOES A SESSION COST?

A single 1 hour session costs £50

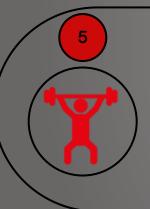


Ten x 1 hour session costs £300. This can be purchased via the app (you will get 10 credits):

- Tap the "Memberships" button at the bottom of the screen
- Along the top, select "S&C | PT"

HOW CAN I VIEW/MANAGE MY BOOKING?

- Tap the "Bookings" button at the bottom of the screen
- Along the top you can select upcoming "Bookings", "Waitlist" and "Past" bookings
- Tap on a booking to view details.
- If you wish to cancel a booking you can do that here. Please note cancellations can only be done if it's at least 24 hours before the appointment begins. If you are within the cancellation window, you will receive a credit to use for a future session. Unfortunately credits/refunds cannot be given if it is less than 24 hours before the appointment begins, unless it is in exceptional circumstances. If you are outside the cancellation window and would like to enquire about a credit/refund please e-mail info@setantafitness.com



CAN I USE THE GYM FACILITIES?

- Walk In to use the gym is £7.50
- We have various memberships available - check out "Memberships" in the app

www.s-fit.co.uk