

HOW TO PURCHASE A TRAINING PROGRAMME VIA OUR WEBSITE

GO TO OUR WEBSITE



<https://setantafitness.com>

Click on "Memberships" tab

<https://setantafitness.com/gym-memberships/>

WHERE CAN I VIEW THE OPTIONS FOR A TRAINING PROGRAMME?

Select "Training Programmes" to view your options for a month's training programme which include:

- App & Train
- App, Coach & Track
- App, Nutrition, Coach & Track



CHOOSE YOUR PLAN

Select "Purchase" and you will either:

- "Register" if you are a new member
- OR
- "Log in" if you were a member of Setanta Fitness on a previous occasion (click on "Forgot Password" to get a new password)



MORE ABOUT YOUR OPTIONS

- App & Train - 2 days per week training plan, no coach support - all support built into training app
- App, Coach & Track - 3 days per week training plan, online Coach support and tracking
- App, Nutrition, Coach & Track - unlimited days per week training plan, online Coach support and tracking, nutritional support

HOW CAN I PURCHASE MY TRAINING PROGRAMME?

- Single Payment - pay by card to purchase a one month's training programme
- You will be allocated 1 credit for a 1 month programme

WHAT HAPPENS NEXT?

- Receive the training app link within 48 hours of signing up for membership
- Your assigned coach will be in touch to discuss your programme goals
- Your training programme will then be sent to you within 5 working days
- If you signed up for a Coach Support package you will have weekly check-ins with your Coach
- Keep on track (via in-app progress reports)

WHAT MORE CAN I DO ON THE WEBSITE?

BOOK A TRAINER

Go to "Timetables" tab and select "Trainer" pic:

- select date to view available Trainers that day
- select time to view Trainer's details and price
- tap on "book" to secure your spot



BOOK CLASSES

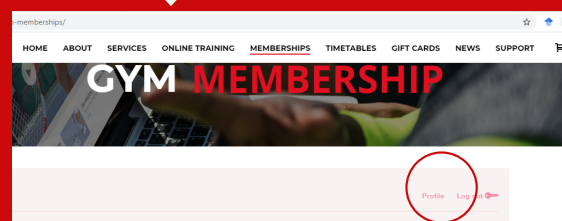
Go to "Timetables" tab and select "Classes":

- select date to view classes that day
- select class to view description, price, start & finish time
- select "book" to secure your spot

MANAGE YOUR BOOKING

Select "Profile" (beside "log out"):

- view and amend your upcoming booking(s)
- check if you are on the waiting list for a class
- view your previous bookings



OTHER USEFUL FEATURES IN "PROFILE" SECTION OF WEBSITE



- View your current membership details including expiry date
- Check how many credits you have remaining
- Add new credit card/direct debit details
- Check your payment history
- Amend your personal details including marketing opt-in
- Change your password

DOWNLOAD OUR MEMBER APP TO GET YOUR BARCODE



- Search for "Glofox" in your app store
- Download the app, open it up and search for "Setanta Fitness"
- Use the same login details you entered on the website
- Access your barcode on your app - you will need to scan your barcode every time you use the gym